



Curriculum Briefing 2024

Programme for Active Learning (PAL) for P1 & P2



Learners driven by Passion . Leaders guided by Values

Respect . Responsibility . Resilience . Integrity . Care . Harmony

WHAT IS PROGRAMME FOR ACTIVE LEARNING (PAL)?

PAL is part of the school's CCE curriculum, offered to only Primary 1 and 2 students.



Together with other CCE lessons such as Form Teacher Guidance Period and CCE Mother Tongue lessons, PAL provides dedicated curriculum time for the explicit teaching and learning of values and social-emotional competencies by teachers, as well as engaging and building relationships with and among the students.

WHAT IS PROGRAMME FOR ACTIVE LEARNING (PAL)?

In PAL, students are exposed to varied and fun active learning experiences in four domains:

Sports and Games



Visual Arts



Performing Arts (Drama, Music, Dance)



Outdoor Education



PRIMARY 1 - PAL CURRICULUM

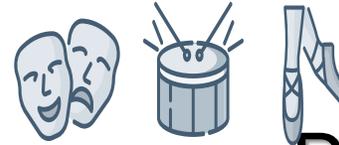
01

Visual Arts



02

Performing Arts
(Dance)



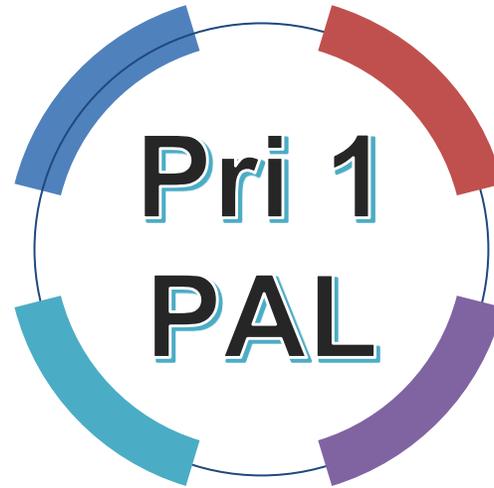
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Outdoor Education



04

Sports & Games



PRIMARY 2 - PAL CURRICULUM

01

Visual Arts



02

Performing Arts
(Music)



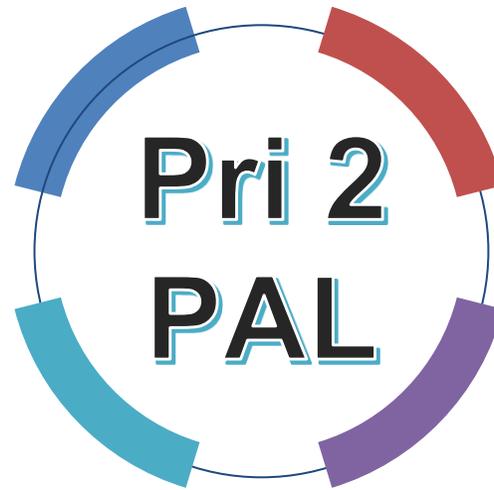
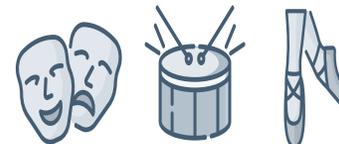
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Outdoor Education



04

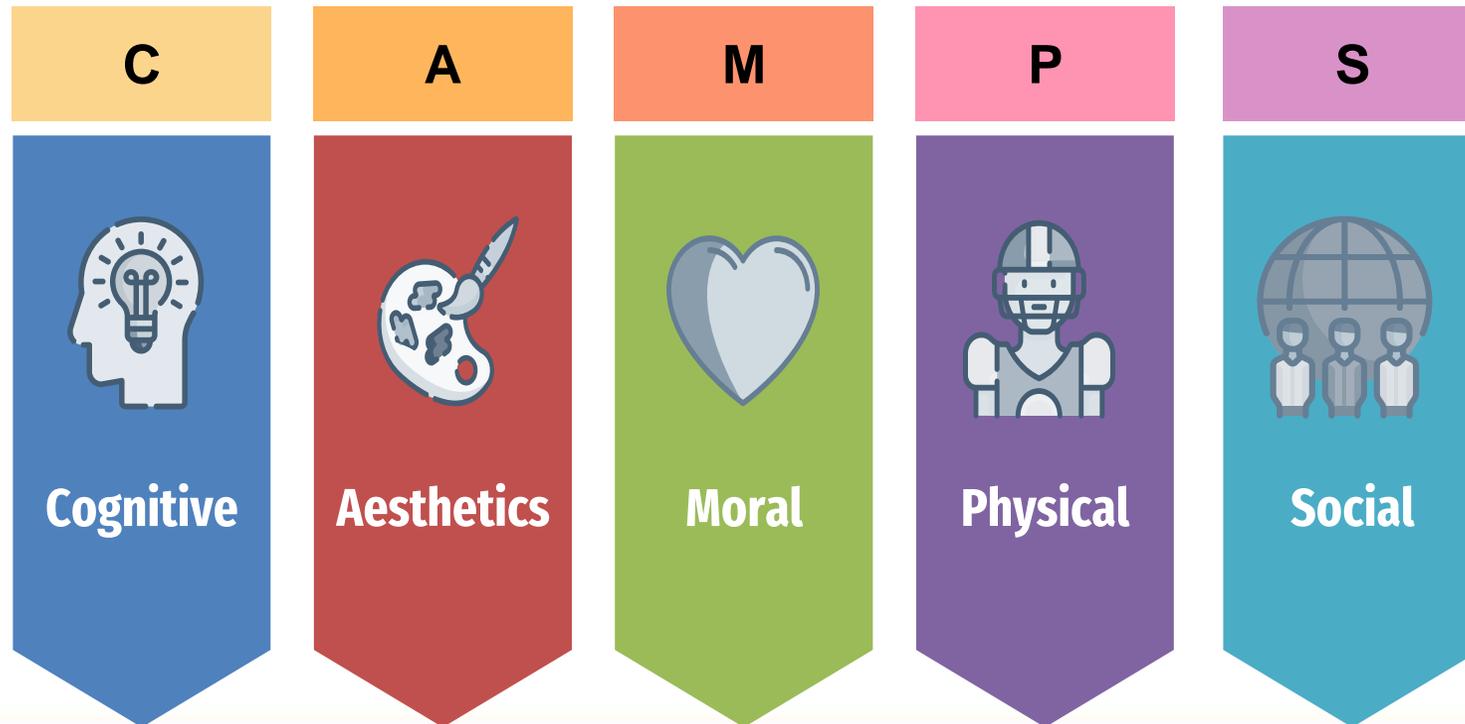
Performing Arts
(Drama)



WHAT ARE THE OBJECTIVES OF PAL?

01 Develop well-rounded students in five learning domains

- While PAL provides learning experiences mainly in the Aesthetics and Physical domains, students are required to activate their Cognitive Thinking to complete tasks independently and think out of the box to solve problems.
- In the Moral and Social domains, they learn to make responsible decisions when faced with difficult issues and work it out together with peers who may not always have the same views as them and agree with each other.



WHAT ARE THE OBJECTIVES OF PAL?

02 Develop students' social & emotional competencies

- Social Emotional Competencies form the fundamental foundation for developing our students' character and enables them to function effectively and contribute positively to the society as a well-rounded person.



WHAT ARE THE OBJECTIVES OF PAL?

03 Provide fun & varied active learning experiences for students



Active, hands-on and experiential in nature



Encompasses learning in a creative way



Provides opportunities for children to create



Focuses on values education & social-emotional learning



Fun and enjoyable

WHAT ARE THE CCE LEARNING OUTCOMES OF PAL?

Through PAL, students will learn to:

Be Curious

Be Positive

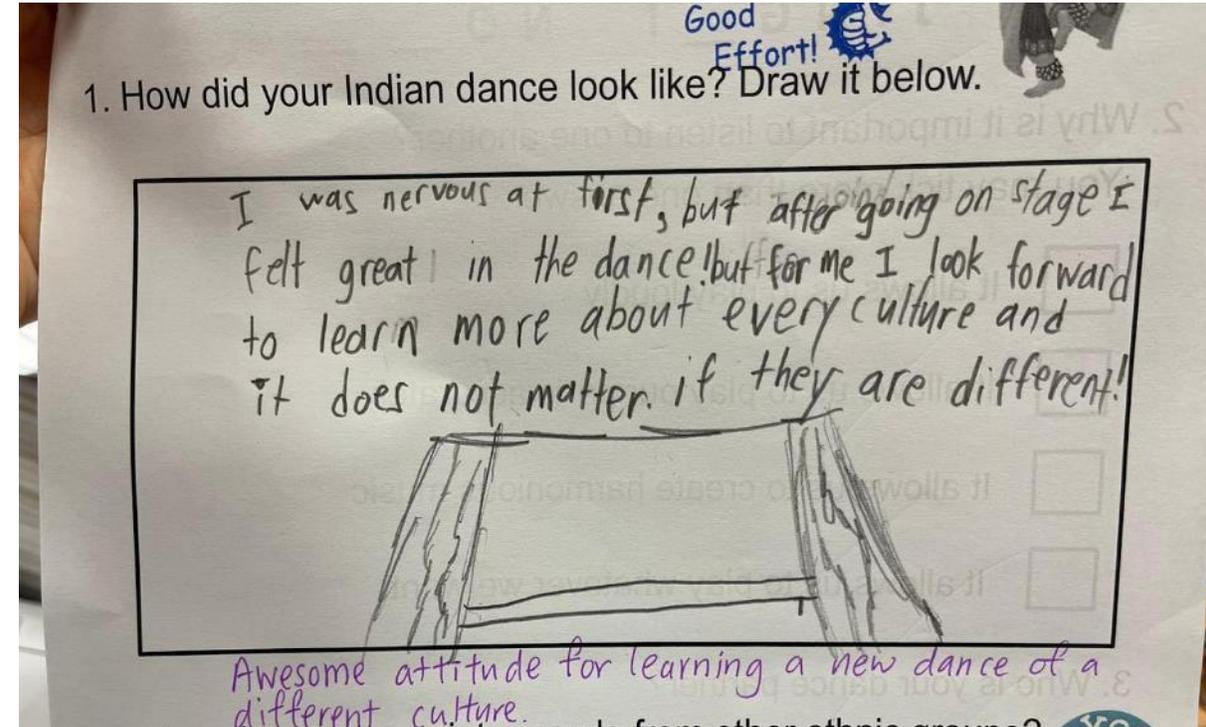


WHAT ARE THE CCE LEARNING OUTCOMES OF PAL?

Through PAL, students will learn to:

Be Self-Motivated

Be Self-Reflective



WHAT ARE THE CCE LEARNING OUTCOMES OF PAL?

Through PAL, students will learn to:

Work
Cooperatively

Communicate
Effectively



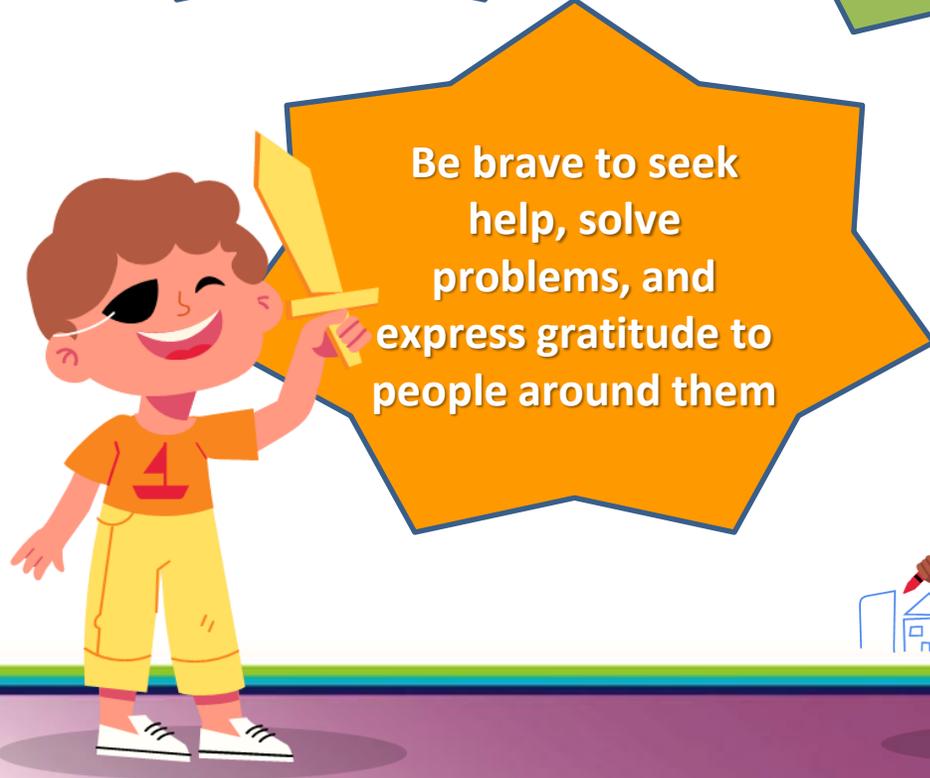
WHAT DO PAL LESSONS LOOK LIKE FOR YOUR CHILD?

Freedom to explore, create and express themselves in their individual ways

Opportunities to work together with others

Reflect on their learning experiences and apply it to other aspects of life

Space to explore and understand one's interests, character strengths and areas for improvement



Time to play and learn joyfully with no right or wrong answers



HOW CAN PARENTS SUPPORT AND HELP?

ROLE MODEL

Model curiosity and express joy in learning with your child. Go beyond academic to explore varied areas of learning

ENCOURAGE

Provide a positive home and outdoor learning environment that welcomes play, exploration and pursuit of passion

SLOW DOWN

Slow down to smell the roses. Spend quality time with your child, to play, create and explore together, both indoors and outdoors

OPEN YOUR MIND

Encourage questions, change perspectives and acknowledge that there need not always be a right or wrong answer

EXPRESS GRATITUDE

Model positive language, praise for effort and express thanks to him/her and the people/things around you

ACKNOWLEDGE

Acknowledge your child's feelings and emotions. Do not brush them off. Guide and allow him/her the space to manage, regardless positive or negative.



Express gratitude

Gift experiences

Enjoy the process
of learning

Create joyful
memories together

Thank you

For any clarifications, please email to:

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